



GROVE ROAD COMMUNITY PRIMARY SCHOOL

NEWSLETTER – 13TH OCTOBER 2023



NEWSLETTER



Coffee Morning – Thank you to all the parents and governors who came to our coffee morning on Wednesday. It was lovely to talk to you all about what's going on around school and ideas for how we can make Grove Road even better.

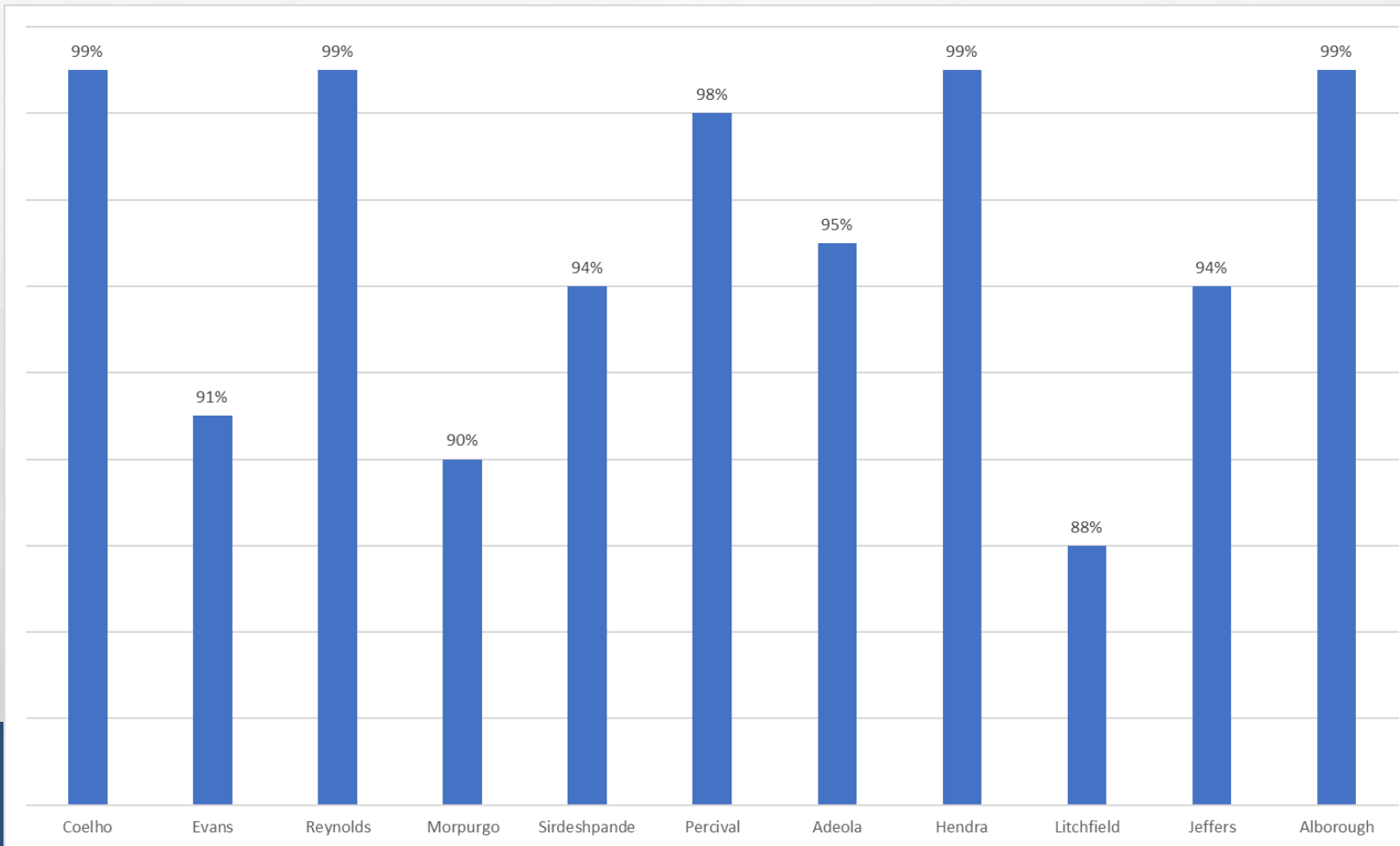
Gates – During this half term, we have had to make some changes to when gates are opened at the beginning and end of the day. This is to keep all the children safe while they are moving between our large school building and the playground. We take our safeguarding responsibilities very seriously and we really appreciate parents' patience at these times. We had some great feedback from parents at our coffee morning about this and we will be reviewing all our safeguarding procedures regularly.

Mr Grayston



ATTENDANCE

Attendance totals for each class – Monday 9th October to Friday 13th October



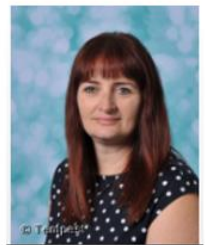
SAFEGUARDING



Grove Road Community Primary School Safeguarding Team



Designated Safeguarding Lead
James Grayston - Headteacher



Deputy Designated
Safeguarding Lead
Dawn Winkley – Deputy Head
& SENDCo



Deputy Designated
Safeguarding Lead
Sue McGrogan – Parent
Support Adviser

Lead Governor for Safeguarding – Margaret Beagle

For further advice / referral information, please contact:
North Yorkshire Safeguarding Children Partnership
<https://www.safeguardingchildren.co.uk>

- Please visit our school website for more information and links to safeguarding websites.
- [Grove Road Safeguarding Page](#)
- For more information about keeping children safe please click here:
- [NSPCC – Keeping Children Safe Online](#)
- These websites have wonderful advice about children keeping safe on Instagram and other social media sites
- [NSPCC – Share Aware](#)
- [CEOP Police Safety Centre](#)



STARS OF THE WEEK



LITCHFIELD	-	Osmania
HENDRA	-	Hallie
ADEOLA	-	Neive
PERCIVAL	-	Ilinca
SIRDEHPANDE	-	Drake
MORPURGO	-	Oscar
REYNOLDS	-	Olivia
EVANS	-	Kacper
COELHO	-	Nathan



Please click here to access more guides for parents

SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From climate change to the war in Ukraine and the conflict in Israel, right now children across the globe can scarcely go online without being exposed to upsetting stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they've seen.



2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what's happening – but again, do stay aware of their emotional state.



4 EMPHASISE HOPE

Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



6 CONSIDER YOUR OWN EMOTIONS

It's not only young people who find upsetting news difficult to process; adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



7 SET LIMITS

Managing screen-time and content can be difficult even in normal circumstances, but especially in unusual or stressful periods (at the start of the pandemic, for example). It's virtually impossible to keep children away from upsetting content completely, but it's important to try to limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screen-time limits.



8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



#WakeUpWednesday





What do we do?
We run fundraising events to raise funds to support the school

- School discos
- Bake sales
- Xmas Fair
- Summer Fair

Who are we?
FOGR is a group of parents/guardians with children who attend Grove Road

Want to get involved?
We would welcome any help you can give e.g.

- event preparation
- Set-up
- Running events

So we can run these fun events for our children

It's also a great way to meet other parents!

Get in touch for more information

Email us at Friendsofgroveroad@gmail.com

or find us on facebook
Friends of Grove Road C.P School



Friends of Grove Road are a group of Parent/Carer volunteers associated with Grove Road Primary School. We raise funds to support the school and enhance the education of the children

Please support FOGR raise vital funds for the school by signing up to the following online initiatives

Easy Fundraising

Sign up to support us
Shop with your favourite brands
We get a bonus £5 donation
It's not magic, it's easyfundraising!

@easyfundraising

Friends of Grove Road Fundraising Ideas
Help Friends of Grove Road raise free funds today by shopping online via easyfundraising.org.uk. Shop at no extra cost and raise free donations for Friends of Grove Road!



Your School Lottery

Email us at Friendsofgroveroad@gmail.com

or find us on facebook
Friends of Grove Road C.P School



Friends of Grove Road



EVERYONE IS WELCOME

Stay informed and get involved.

Join us to find out more about what we do and how you could help us support the school.

If you would like to get involved but are unable to make the meeting please email friendsofgroveroad@gmail.com

When: Tuesday 24th October 2023 at 3:15pm

Where: Grove Road School



Join our Facebook group to hear more about our fundraising activities.



Parentkind
Member Association





Just a reminder for **Year 6 families**.

All high school applications need to be completed by 31st October 2023.

Please follow the link below for more information.

[Filling in your application form | North Yorkshire Council](#)





Light

PARTY

SATURDAY 28TH OCTOBER

4PM TO 6PM

DISCO, GAMES, CRAFTS AND TEA

BILTON AREA METHODIST CHURCH
SKIPTON ROAD, HARROGATE, HG1 3EX

£1 PER PERSON
BOOKING ESSENTIAL, EMAIL
FAMILYFUNTIMEBAMC@GMAIL.COM

The poster features a black background with neon-style text and graphics. The word 'Light' is written in a cursive font, while 'PARTY' is in large, bold, white block letters. The date and time are in pink and green respectively. The event details are enclosed in large pink brackets. There are four neon stars: two pink and two green, positioned at the corners of the central text area.



IMPORTANT DATES



When	Event
Wednesday 11 th October – 9:00am – 10:00am	Coffee morning – Meet Mr Grayston & Mrs Winkley in the main hall.
Tuesday 24 th October – 3:15pm	Friends of Grove Road – Annual General Meeting (AGM) – Everyone Welcome
Wb. Monday 6 th November	Parents' Evenings – Monday, Tuesday & Wednesday (More information to follow)
Tuesday 7 th November – 10am	Open Morning for Reception New Starters – September 2024
Friday 24th November – 6pm start	Friends of Grove Road – Quiz Night (Please note the change of date)
Tuesday 14 th November	Year 3 Visit: Ripon Museums (Crime and Punishment)
Wednesday 15 th November	Year 4 Visit: Ripon Museums (Crime and Punishment)
Thursday 30 th November	Rec/ KS1 trip to Kirkstall Abbey Museum
Thursday 7 th December	Grove Road visit the panto!
Thursday 14 th December – 3:15pm	Carols on the playground with Singing Club



IMPORTANT DATES



When	Event
Thursday 14 th December – 6pm	Rec/ KS1 Nativity
Friday 15 th December – 2:30pm	Rec/ KS1 Nativity
Wb. Monday 18 th December	Christmas Party Week (More information to follow)

